

# Motivating the Adult Learner - Unit 2

## Activity 1

- **Scenario 1:** "I'm just not a 'tech person.' This new software is impossible for me to learn at my age."
- **Scenario 2:** "I failed the exam because the instructor didn't explain the material well, and the room was too loud."
- **Scenario 3:** "I want to apply for the CNA program, but I can't. My English is too broken. If I try to talk to a patient and they don't understand me, I'll be so embarrassed I'll want to quit."
- **Scenario 4:** "I have to take this training because someone said so. It feels like a waste of time and has nothing to do with my daily job/life."
- **Scenario 5:** "I'm 55 years old. My kids learn English just by watching TV, but my brain is already 'set.' You can't teach an old dog new tricks—I'm just here to try, but I know I won't really get it."
- **Scenario 6:** "I only passed the practice GED social studies test because I got lucky and the questions were easy this time. Next time, the test will be 'real' and I'll probably fail because I'm not actually good at this."
- **Scenario 7:** "I can do the English work on paper, but I won't log into the online portal. I'm going to click the wrong thing and delete my whole progress or break the computer. I'm just not a person who can handle technology."
- **Scenario 8:** "Why are we reading this story about a boy and his dog? I have a job, I have a mortgage, and I have three kids. I feel like I'm being treated like a child in this classroom."

**Identify the Theory:** Which of the four theories on the slide is most at play in their scenario?

- *Self theory*
- *Attribution theory*
- *Self-efficacy theory*
- *Self-determination theory*

**The Pivot:** How would you "reframe" the learner's thinking using the principles of that theory?

- **Appoint a Scribe:** Choose one person to type the group's "Reframe."
- **Type (Don't Send):** Type your response to have it ready to paste in the chat when we return to the large group
- **The Hold: DO NOT** press Enter yet.
- **The Waterfall:** Wait for the facilitator to say "Go!" to release all answers at once.