



MOTIVATING THE ADULT LEARNER

Environmental Factors & Motivation

This lesson explores environmental barriers that can decrease student motivation, and provides strategies for helping students remove those barriers.

Environmental Barriers

3 categories for environmental barriers:

1. Barriers Related to the School
2. Barriers in the Home
3. External Barriers

School-Related

1. Hours of Operation
2. Accessibility
3. Policies and Red Tape

Home-Related

1. Caregiver responsibilities
2. Unsupportive family members
3. Conditions in the home

External-Related

1. Work demands
2. Transportation issues
3. Workforce and public assistance program requirements
4. Competing demands for time



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Student-Related Factors & Motivation, Part 2

Offering Help

We have to be smart about how we offer that help for two reasons:

1. We have to be sure that we are not enabling our students.
2. We have to have strategies in place to protect ourselves, and to protect our institutions against risk.

A key concept from this lesson is that as instructors, it helps to be aware of services and agencies in the community that you can refer students to when they encounter barriers. Evaluate yourself/your agency on your level of connection with neighborhood services.