



# MOTIVATING THE ADULT LEARNER

## Using Technology to Increase Motivation

This lesson briefly reviews the barriers to motivation and demonstrates how teachers and students can use technology to remove, or reduce the impact of, those barriers.

### Review of Barriers

Using technology to Increase Motivation by addressing:

1. Student-Related Barriers
2. Instructor-Related Barriers
3. Environmental Barriers

#### Recalling Student-Related Barriers

Can you recall the student-related barriers?

1. Students who have high self-efficacy have higher motivation.
2. Students who have an attitude of self-determination are more likely to be motivated.

To have an attitude of self-determination, students need us to meet their:

1. Relationship needs
2. Competency needs
3. Autonomy needs

#### Recalling Instructor-Related Barriers

Ways that technology can decrease the impact of instructor-related factors.

Using CAI can:

1. Reduce frustration
2. Increase self-determination
3. Promote mastery orientation over performance



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## Using Technology to Increase Motivation

Ways that technology can remove or decrease the impact of instructor-related factors.

Using CAI can improve:

1. How we deliver content- speaks to all three learning styles
2. How we deliver feedback
3. How we make students the center of it all
  - a. Differentiate
  - b. Accommodate
  - c. Treat students like adults

Using CAI can:

1. Increase access
2. Increase flexibility
3. Increase time on task

